

Pakiet socjalny Plus

| Oferta Analogowa | | | | | |
|------------------|--|-------------------------------|---|----|------------|
| 1. | | INFOTEXT - kanał informacyjny | S | 06 | 151,25 MHz |
| 2. | | TV PULS | S | 07 | 159,25 MHz |
| 3. | | TV 4 | S | 08 | 167,25 MHz |
| 4. | | TVP INFO | K | 06 | 175,25 MHz |
| 5. | | TVP KULTURA | K | 07 | 183,25 MHz |
| 6. | | POLSAT | K | 08 | 191,25 MHz |
| 7. | | TVP 3 Łódź | K | 09 | 199,25 MHz |
| 8. | | TVP1 | K | 10 | 207,25 MHz |
| 9. | | TVN | K | 11 | 215,25 MHz |
| 10. | | TVP2 | K | 12 | 223,25 MHz |
| 11. | | TV TRWAM | S | 09 | 231,25 MHz |

| Oferta Cyfrowa DVB-T | | | | | | | |
|----------------------|--------------------------|-------|------------------------|-------|------------------------|-------|------------------------|
| MUX-1 | K – 57 (762,00 MHz) | MUX-2 | K-58 (770,00 MHz) | MUX-3 | K-59 (778,00 MHz) | MUX-8 | K-60 (786,00 MHz) |
| | FOKUS TV | | POLSAT | | TVP 1 HD | | METRO |
| | TVP ABC | | TVN | | TVP 2 HD | | ZOOM TV |
| | STOPKLATKA TV | | TVN 7 | | TVP 3 ŁÓDŹ | | NOWA TV |
| | POLO TV | | TV 4 | | TVP INFO HD | | WP1 |
| | ESKA TV | | TV 6 | | TVP HISTORIA | | TVP ROZRYWKA |
| | TTV | | TV PULS | | TVP KULTURA | | TVP SPORT HD |
| | ATM ROZRYWKA | | PULS 2 | | TVP SPORT | | INFOTEXT |
| | TV TRWAM | | SUPER POLSAT | | | | |

Oferta Radiowa w paśmie UKF 87,5-108 MHz

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|-----|---|---------------------------|------------|
| 1. |  | Radio Maryja | 88,40 MHz |
| 2. |  | Radio Żak | 89,20 MHz |
| 3. |  | Radio Chilli Zet | 90,50 MHz |
| 4. |  | Radio Zet | 91,00 MHz |
| 5. |  | Polskie Radio Program II | 91,80 MHz |
| 6. |  | RMF FM | 92,30 MHz |
| 7. |  | Radio Parada | 92,90 MHz |
| 8. |  | Tok FM | 93,90 MHz |
| 9. |  | Radio Łódź | 94,40 MHz |
| 10. |  | Radio ESKA | 95,00 MHz |
| 11. |  | Radio Plus | 95,60 MHz |
| 12. |  | Polskie Radio Program III | 96,40 MHz |
| 13. |  | Polskie Radio Program I | 97,00 MHz |
| 14. |  | Radio Żółte Przeboje | 98,40 MHz |
| 15. |  | Radio Niepokalanów | 100,80 MHz |
| 16. |  | MUZO.FM | 101,40 MHz |
| 17. |  | MeloRadio | 102,00 MHz |
| 18. |  | Polskie Radio 24 | 102,60 MHz |
| 19. |  | Radio VOX FM | 103,20 MHz |
| 20. |  | Radio WaWa | 104,20 MHz |
| 21. |  | RMF Classic | 105,40 MHz |